

Table with 5 columns for days 3 (Sun), 4 (Mon), 5 (Tue), 6 (Wed), 7 (Thu). Each column lists menu items like 'ごはん', '牛乳', and '厚揚げのみそ炒め' with their respective energy and nutrient values.

(栄養価) 734 27.9 20.9 (栄養価) 806 27.2 24.9 (栄養価) 841 31.0 26.5 (栄養価) 732 27.2 11.7 (栄養価) 716 32.0 22.4

Table with 5 columns for days 10 (Sun), 11 (Mon), 12 (Tue), 13 (Wed), 14 (Thu). Menu items include 'チキン南蛮', 'カレーライス', '中華うま煮', 'みつぱんハンバーグ', and '豚肉のボン酢炒め'.

(栄養価) 793 32.6 31.4 (栄養価) 778 26.3 25.8 (栄養価) 810 31.3 28.9 (栄養価) 796 32.5 28.3 (栄養価) 772 41.0 26.4

Table with 5 columns for days 17 (Sun), 18 (Mon), 19 (Tue), 20 (Wed), 21 (Thu). Menu items include 'すき焼き', '鶏肉の照り焼き', '冷しゃぶサラダ', '大根と豚肉の煮物', and 'クリームシチュー'.

(栄養価) 713 24.0 18.8 (栄養価) 851 37.9 28.9 (栄養価) 720 28.9 22.1 (栄養価) 841 32.9 23.9 (栄養価) 902 30.9 31.0

Table with 2 columns for days 24 (Sun) and 25 (Mon). Day 24 menu includes 'セルフチキンライス' and 'ほうれん草のオムレツ'. Day 25 menu includes 'キャベツとハムのソテー' and 'ほうれん草オムレツ'. A large central text reads '期末テストのため給食なし'.

※栄養価は、左からエネルギー (kcal)、たんぱく質 (g)、脂質 (g) の順に記載しています。

Bottom section containing '★新献立の紹介' (New menu introduction) for 6/6, 6/7, and 6/20, and '歯と口の健康週間' (Dental and Oral Health Week) with a cartoon character and a tooth illustration.