

Table for June 2nd to 6th (2日(月) to 6日(金)). Columns include meal type (牛乳, ごはん), dish name (e.g., 麻婆豆腐, 中華あえ), ingredients, and energy/nutrient values.

Table for June 9th to 13th (9日(月) to 13日(金)). Columns include meal type, dish name, ingredients, and energy/nutrient values.

Table for June 16th to 20th (16日(月) to 20日(金)). Columns include meal type, dish name, ingredients, and energy/nutrient values.

Table for June 23rd to 27th (23日(月) to 27日(金)). Columns include meal type, dish name, ingredients, and energy/nutrient values.

30日(月) section featuring '6月は食育月間です' (June is Nutrition Month), '期末テストのため給食なし' (No school lunch for end-term tests), and '6月4日~10日は「歯と口の健康週間」です' (June 4-10 is 'Teeth and Oral Health Week'). Includes a '歯みがきで丈夫な体の基礎づくり' (Building a strong body's foundation with brushing) campaign and '新献立の紹介' (Introduction of new dishes) for June 3rd, 5th, 13th, 20th, 23rd, 26th, and 27th.